



**Dr. Rammanohar Lohia Awadh University, Ayodhya
(U.P.)**

**Master of Arts
Applied Psychology**

B.O.S.

(New Education Policy - 2020)

Prof. Rashmi Singh · Dr. Awdhesh Kumar
Faipathi
Meeting ID:-78624311063 · Meeting ID:-78624311063

3/10/22

M.A. in Applied Psychology
Dr. Rammanohar Lohia Avadh University, Ayodhya

Proposed Structure of Syllabus For The Programme

Programme: M.A.
Subject: Applied Psychology

S.No	Name Of Expert/ BOS Member	Designation	University
1	Prof. M.P. Singh	Dean Of Arts & Humanities	Dr. Rammanohar Lohia Avadh University
2	Prof. Anup Kumar	Head Of Department	Dr. Rammanohar Lohia Avadh University
3	Prof. Rashmi Singh	Head Of Department	Mahatma Gandhi Kashi Vidyapeeth University, Varanasi
4	Prof. Rakesh Pandey	Professor	Department Of Psychology, Banaras Hindu University
4	Dr. Avadesh Tripathi (Retd.)	Principal	B.N.K.V.P.G. College

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Prof. Rashmi Singh

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Dr. Avadesh Kumar Tripathi

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Session 2022 – 2023

Ordinance Of M.A. in Applied Psychology
ACADEMIC SESSION 2022-23

Eligibility for Admission:

- (i) Three Years graduation in Psychology (B.A./B.Sc. with Psychology) as a subject in all three years at graduation level.
- (ii) The cut of score for the admission may be decided by the faculty of the department before or after the last date for submitting the application i.e., as the situation requires.
- (iii) In specific circumstances the graduates of other allied disciplines (such as business administration, Human resource development, Bachelor of education & social work) may also be considered for admission in M.A.P. If the admission committee considers it appropriate and the concerned authoritative approves the same. However, this will be a general decision for a given academic year and on case to case basis.

No. of Seats (Intake):

Seats for admission in the department of applied psychology will be 50 (fifty), however the intake may be increased with permission of concerned authorities if the situation requires so.

Pattern of Examination:

These shall be semester wise examination system. Total semesters will be 04 (02 in First year and 02 in Final year), i.e., two academic sessions.

Fee Structures:

The fee for this course will be Rs: 9,850/- (Rs. Nine Thousand Eight Hundred & Fifty Rs.) per year including the examination fee as prescribed by the University.

Infrastructure:

In order to run this course effective by the following minimum facilities must be arranged.

- | | | |
|--------|-------------------------|-----------------|
| (i) | Teaching / Lecture Room | : 02 |
| (ii) | Seminar Room | : 01 |
| (iii) | Lab Room | : 01 |
| (iv) | Head's Chamber | : 01 |
| (v) | Faculty Chambers | : 04 |
| (vi) | Multimedia Projectors | : 02 |
| (vii) | Desktop (P.C.): | 07 (at present) |
| (viii) | Table & Chairs | : (as required) |
| (ix) | Camera for field work | : 01 |
| (x) | Audio Recorder | : 05 |

Pass Percentage and Promotion System:

As per the University rules.

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Tripathi

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Assessment of students performance & Scheme of Examination:

- (i) Students will be allowed to answer the questions of examination either in English or Hindi or both languages.
- (ii) Examination shall be conducted at the end of the each semester.
- (iii) Assessment of the performance of the students shall be based on the 75:25 criteria. 75 marks for the written examination and 25 for internal assessment.
- (iv) In practical 50 marks will be based on performing practical in the lab and 50 marks will be based on viva.

Internship Training:

The students of the course of applied psychology will be required to submit Internship training report based on 30 days training (internship in recognised organizations).

Dissertation:

The students of M.A.P. will have submit a dissertation at the end of the final semester and its assessment will be done by the external examiner with the internal examiner (Mark=50 for dissertation work and 50 for viva-voce)

Gap:

The maximum gap may be of four years from the date of admission to the part-I (semester I) of the programme

Faculty Requirements:

To run the department effectively and imparting education and training to keep pace with the time the following number of teaching faculty of different cadre along with ministerial support staff will be required :

-Professor	: 01
-Associate professor	: 02(Clinical/Counseling/OB)
-Assistant Professor	: 02(Clinical/Counseling/OB)
-Lab assistant	: 01
-Office clerk / Steno	: 01
-Peon (lab bearer)	: 02

Additional Academic Requirements:

- (i) Invited lectures by prominent professors academicians and professionals experts to be arranged for the academic betterment of the students.
- (ii) Symposium / Seminars / Conferences to be organized for the exposure of the students to the current academic activities and research programmes.
- (iii) Inviting business experts and models from industry for guiding the students for placement and entrepreneurship.
- (iv) Facility for campus selection to be provided.

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Programmes Objective :

The Master of Arts in Applied Psychology offered by the Department of Adult & Continuing Education, Dr. Rammanohar Lohia Avadh University aims at training the student to critically analyse the psychological behaviour of the society in which they live or operate. It will also help them at becoming responsible citizens and contribute towards the betterment of the society.

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Dr. Awdhesh Kumar Tripathi
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Programme Specific Outcomes (PSOs):

The Master of Arts in Applied Psychology offered by the Department of Adult & Continuing Education, Dr. Rammanohar Lohia Avadh University aims at training the student to critically analyse the psychological behaviour of the society in which they live or operate. It will also help them at becoming responsible citizens and contribute towards the betterment of the society. The curriculum developed focuses on three orientate dimensions such as:

- A. Knowledge orientation, Professional skill development.
- B. Job orientation, Vocational Courses.
- C. Social Orientation.

The Applied Psychology course has been developed with the aim to equip the students with deep theoretical & practical knowledge of the subject.

M.A. in Applied Psychology has a theoretical & practical base. It will appeal to all those who want to understand complexities, shifts and transformations in the human or animal behaviour in our society & application of psychological methods & findings of scientific psychology to solve them. The programme seeks to inculcate in students the psychological knowledge & skills to enhance their critical thinking & problem solving ability of the behavioural aspects of an individual or group.

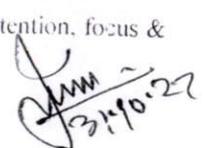
The programme will open career options in multi and interdisciplinary fields via career counselling, Mental Health Counsellor, Psychologist (i.e., sports, educational, school, health, industrial, forensics, etc.), Social worker, Human resource manager, Psychotherapist besides career in teaching research & many more. Below are the specific outcomes of the programme :

1. To equip the students with the understanding of complexities, shifts and transformations in the human/animal behaviour in our society.
2. To prepare them for the application of psychological principles and scientific findings to solve individual or group problems.
3. To inculcate in students the psychological knowledge and skills to enhance their critical thinking & proper solving ability.
4. To inform students about the basics of scientific research in Applied Psychology & make them learn the statistical rigors in designing research and processing data.
5. To understand causes of pathological behaviour and it's psychodiagnostic assessment.
6. To develop skills for diagnosis and classification of mental disorders.
7. To develop an understanding of structure and process of the organisation as a whole and the unit of analysis.
8. To introduce the basic concepts of applied psychology and bio-feedback so that the students can apply these techniques in the health care.
9. To make students understand the dynamics of various determinants in attaining the quality of work life with various principles and techniques of motivation & learning.
10. To equip the students with the fundamental understanding of personality, perception, strategies, attention, focus & relaxation techniques on the performance of an athlete.

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DR. RAM MANOHAR LOHIA AVADH UNIVERSITY, AYODHYA

Structure of Syllabus for Programme : M.A.

Subject: APPLIED PSYCHOLOGY

Structure of Syllabus Developed by			
Name of BoS Convener/ BoS Member	Designation	Department	College/ University
Prof. Anup Kumar	Head Of Department	Department Of Adult & Continuing Education	Dr. Rammanohar Lohia Avadh University

Course Code		Course Title	Credit s	T/P	Evaluation	
A	B	C	D	E	CIE	ETE
SEMESTER I (YEAR I)						
A540701T	CORE	Foundation Of Applied Psychology	5	T	25	75
A540702T	CORE	Psychopathology	5	T	25	75
A540703T	CORE	Basic Psychological Process	5	T	25	75
A540704T	FIRST ELECTIVE (Subject Elective) (Select any one)	Research Methods & Statistics	5	T	25	75
A540705T		Personal Management & Industrial Relations	5	T	25	75
A540706P	SECOND ELECTIVE (Subject Elective) (Select any one)	Practical	5	P	50	50
A540707P		Field Work	5	P	50	50
SEMESTER II (YEAR I)						
A540801T	CORE	Personality Psychology	5	T	25	75
A540802T	CORE	Rehabilitation Psychology	5	T	25	75
A540803T	CORE	Counselling Psychology	5	T	25	75
A540804T	THIRD ELECTIVE (Generic Elective) (Select any one)	Organisational Behaviour	5	T	25	75
A540805T		Psychodiagnostics	5	T	25	75
A540806P	FOURTH ELECTIVE (Subject Elective) (Select any one)	Lab Work	5	P	50	50
A540807P		Industrial Training	5	P	50	50
SEMESTER III (YEAR II)						
A540901T	CORE	HRD Management	5	T	25	75
A540902T	CORE	Applied Psychological Assessment	5	T	25	75
A540903T	CORE	Geriatric Psychology	5	T	25	75

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A540904T	FIFTH ELECTIVE (Subject Elective) (Select any one)	Applied Psychology in Human Life	5	T	25	75
A540905T		Applied Social Psychology	5	T	25	75
A540906P	SIXTH ELECTIVE (Subject Elective) (Select any one)	Practical	5	P	50	50
A540907P		Project presentation	5	P	50	50
SEMESTER IV (YEAR II)						
A541001T	CORE	Health Psychology	5	T	25	75
A541002T	CORE	Sports Psychology	5	T	25	75
A541003T	SEVENTH ELECTIVE (Subject Elective) (Select any one)	Educational Psychology	5	T	25	75
A541004T		Human Resource Management	5	P	50	50
A541005P	RESEARCH PROJECT/ DISSERTATION	Dissertation	10	P	50	50

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MA: Applied Psychology
CBCS Course: First Semester

M.M: External-75
Internal- 25

C.Code: A540701T : Foundation Of Applied Psychology (Core)

Unit	Course Content
1	Applied Psychology- Meaning, features, & scope; Historical background. Clinical Psychology – Meaning , Brief history, Causes of Psychology, Classification of disorders: DSM-IV R DSM – 5, and ICD – 10.
2	Community Psychology – Meaning & core values, History of community movement, Emergence of Community Psychology. Community mental health problems & Prevention. Health Psychology – Meaning and origins, scope of health psychology, Mind – Body relationship.
3	Industrial and Organizational Psychology – Meaning, scope & history, job analysis, personnel recruitment and selection, performance appraisal, remuneration and compensation, training and evaluation, work motivation, occupational stress, team effectiveness. School Psychology – Meaning, Origin and goals
4	Sports Psychology – Meaning and scope, brief history, areas of study, Methods . Environmental Psychology – Meaning & Scope, components of environmental psychology, Historical background, concepts and applications. People & environment, Pollution & health, Protective behavior, Ecological sustainability

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Griffith, C.R. (2010). An introduction to applied Psychology
 Oaskam, S. (1984). Applied Social Psychology. Prentice Hall.
 Swain, S. (2019). Applied Psychology, Osk Bridge,
 Psychology In Behaviour Role By Dr. Pratiibha Tripathi
 Mishra, G. (2017). Applied Social Psychology in India.
 Hasan, Q. (1998). Applied Psychology. India Perspective. Gyan Books. Morgan, C. & King (2017). Introduction to Psychology. McGraw Hill.



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MA: Applied Psychology
CBCS Course: First Semester

M.M: External-75
Internal- 25

C.Code: A540702T : Psychopathology (Core)

Unit	Course Content
1	Meaning & scope of psychopathology- Models of psychopathology-Ethological model; Community disaster model; Psychodynamic model. biopsychosocial model, Psychopathology of everyday behavior, Classification system- Dsm-IV-TR; DSM5; ICD-10, other criteria.
2	Schizophrenic disorders- Meaning symptoms, types, & causes, Bipolar disorders-causes and symptoms, depressive disorder- causes and symptoms, obsessive compulsive & other anxiety related disorders - causes symptoms.
3	Dissociative disorders : causes & symptoms, causes & symptoms of somatic and related disorders, causes & symptoms of eating disorder, causes & symptoms of sleep wake disorder, Sexual dysfunctions - causes & symptoms.
4	Child psychology- meaning, dimensions- attention deficit, autism, conduct and oppositional disorder. Substance abuse - Drug addiction, .

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Davis, D.R.(1984) : an introduction to psychopathology.

Taylor, M.A. & Vaidya, N.A. (2008). Descriptive pathology : sign & symptoms of behavioural disorder, Cambridge university press.

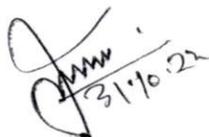
Srivastava, S.K. (2012), psychopathological disorder: biopsychosocial Analysis.

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MA: Applied Psychology
CBCS Course: First Semester

M.M: External-75
Internal- 25

C.Code: A540703T : Basic Psychological Process (Core)

Unit	Course Content
1	Psychology: Nature, scope, and methods
2	Human Development : Meaning & Principals of development- Nature, Nurture, Controversy, Stages of development. Personality : Meaning & types, Traits, Approaches – Allports, Rozars & Maslow
3	Learning & Memory – Meaning, Conditioning, Observational Learning, Verbal Learning. Memory – Meaning, Definition and types.
4	Individual Differences : Meaning & Definition, Intelligence – Meaning & Types, Motivation : Meaning & Types, Emotion Meaning & Types

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

- Baron, R. A. (2006). Psychology (5th Ed). New Delhi: Pearson Education
Ciccarelli, S. K., & Meyer, G. E. (2009). Psychology. New Delhi: Pearson Education.
Gerrig, R. J., & Zimbardo, P. G. (2006). Psychology and life (17th Ed.). New Delhi: Pearson Education.
Coon, D., & Mitterer, J. O. (2007). Introduction to psychology: Gateway to mind and behavior. New Delhi: Cengage.
Feldman, R. (2004). Understanding psychology (6th Ed.). New Delhi: McGraw Hill.

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MA: Applied Psychology
CBCS Course: First Semester

M.M: External-75
Internal- 25

C.Code: A540704T : Research Methods and Statistics (First Elective)

Unit	Course Content
1	Psychological Research - Meaning and objectives of Research; Applied research; Experimental research; Laboratory Experiment, Field experiment and Quasi experiment; Survey and Field study methods.
2	Problem - Meaning and sources of research problem : Hypothesis : Meaning and types, Criteria of goods Hypothesis. Variables - Meaning & types, , Levels of measurement, .
3	Statistics - Meaning & scope. descriptive and inferential statics. Frequency Distribution and Graphical Representation. Measures of Central Tendency & Variability - Mean, Median ,Mode .
4	Research Design : Meaning, Definition, Characteristics of Research report, Types of Research Design, Sampling

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Babbie, E. (2004), Practice of social research, Thompson.
 Brace, N., Kemp, R. & Snelgar (2006), SPSS for Psychology, Palagrove, McMillan.
 Broota, K. (1982). Experimental Design in Behavioural Sciences. Wiley Eastern
 Burns, R.B.(2000). Introduction to research methods. Sage.
 Field, A. (2005). Discovering statistics using Spss. Sage, New Delhi.
 Garrett, H.E. (1973). Statistics in Psychology and Education. Vakils, Feffer & Simons.
 Kumar, R. (2014). Research Methodology: A step by step guide for beginners. Sage
 McGuigan, F.J. (1960): Experimental Psychology, Prentice Hall.
 Howell, D.C.(2002). Statistical methods in Psychology. Thomson Learning California.
 Siegel, S. (1956). Non-parametric statistics in behavioural Science.McGraw Hill.

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MA: Applied Psychology
CBCS Course: First Semester

M.M: External-75
Internal- 25

C.Code: A540705T : Personal Management & Industrial Relations (First Elective)

Unit-	Course Content
1	Personal management : meaning & scope, roles of personal manager. Manpower Planning : Meaning, Cycle and benefits, Manpower needs, Planning methods.
2	Job analysis and personal control : Job analysis ,Job description, role analysis technique, job specifications. Selection & recruitment – Selection process testing – types & it's application. Interview – Meaning & Proposal & Types
3	Industrial relations - concept and scope, Functional requirement, Human relations & Industrial relations,
4	Trade Union: Meaning & functions, registration of trade union, types, trade union movements. Grievance Handling - Meaning, objective, process of grievance handling, types of grievance handling.

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Memoria, C.C. 91990), Personnel Management - Himalaya pub, Mumbai
Yodel,D.(1975), Personnel Management & Industrial Relations, prentice Hall Inc.
Nair,N.G.(2004), Personnel Management & Industrial Relations. Chand & Co. New Delhi
Monappa, A.(2000), Industrial relations - New Delhi - Tata Mc Graw Hill.

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MA: Applied Psychology
CBCS Course: First Semester

M.M: External-50
Internal- 50

C.Code: A540706P : Practical (Second Elective)

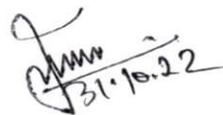
MA: Applied Psychology
CBCS Course: First Semester

M.M: External-50
Internal- 50

C.Code: A540707P : Field Work (Second Elective)

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MA: Applied Psychology
CBS Course: Second Semester

M.M: External-75
Internal- 25

C.Code: A540801T : Personality Psychology (Core)

Unit	Course Content
1	Introduction: Nature and concept, scope, study of the personality. Development of personality : Nature of Personality development. Methods of studying development of personality, Process of personality development.
2	Determinants of personality: Nature of determinants: Biological, environmental social determinants, Role of Institutions and family Assessment of personality: Nature, Self report inventories, MMPI questionnaire, BIG five in personality questionnaire Projective Technique TAT Carl Rogers.
3	Classical personality theories: Nature of Psychoanalytical theory: The structure of personality: Freudian Psychoanalytical theory, Allport trait theory, Erikson theory.
4	Modern personality theories: Abraham Maslow, Shelly Theory, Social Learning Cognitive, Millar Dollard, Behaviouristics B.F Skinner, Social Learning Bandura theory

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Liebert, R.M., & Spiegler, M.D. Personality - strategies and issues, California, Brooks/Cole Publishing Company.
 Hall, C.S. & Lindzey, G(1978). Theories of personality New York : John Wiley & Sons.
 Pervin, L.A. (1975) Personality: Theory Assessment and Research, New York: John Wiley & Sons.
 Singh A.K, Psychology of Personality, Varanasi, Motilal Banarasi Das Publishers.
 Ashthana, M. Psychology of Personality, Varanasi, Motilal Banarasi Das Publishers. Srivastava, S.K. (2012), psychopathological disorder: bi-psychosocial Analysis.

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MA: Applied Psychology
CBCS Course: Second Semester

M.M: External-75
Internal- 25

C.Code: A540802T : Rehabilitation Psychology (Core)

Unit	Course Content
1	Rehabilitation Disability: Meaning and Definition of Rehabilitation Disability, Classification of Rehabilitation Disability, Psychosocial Models of Rehabilitation Disability, Impact of Rehabilitation Disability, Needs in Rehabilitation Disability, Problems of Rehabilitation Disability.
2	Rehabilitation: Meaning and Definitions of Rehabilitation, Approaches to Rehabilitation, Interventions in Rehabilitation Process, Family and Caregiver's Issues, Rights of Mentally, Empowerment Issues, Support to Recovery
3	Neuropsychological Rehabilitation: The Goals, Values and Guiding Principles of Psychiatric Rehabilitation, Psychological Intervention in Sport Injury, Rehabilitation Psychopathology and Mental Health
4	Sports Rehabilitation: Nature, Definition, Classification, Theory Of Intelligence, Cognitive Behaviour.

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Rehabilitation psychology : By Dr Anu Teoria.
Practical Psychology in Medical Rehabilitation by Maggi A .Budd, Sigmund Hough Stephen T. Wegener, William Stiers
Uccharat Naidanik Manovigyan by Arun Kumar.
Punarvas ka Manovigyan by Dr Sunita Rani- Sachin Pandey
Modern Abnormal Psychology. By Arun Kumar Singh.
Textbook of Abnormal Psychology and Behavioral Disorder by Girish A Mohanty.
Principles and Practice of Physical Rehabilitation by Neeta J Vyas

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MA: Applied Psychology
CBCS Course: Second Semester

M.M: External-75
Internal- 25

C.Code: A540803T : Counselling Psychology (Core)

Unit	Course Content
1	Meaning and Features of counseling: Goals and scope of counseling, steps in counseling; Characteristics of an effective counselor; Counselor-counselee relationship; Personal and professional development; Ethical and Legal issues in counseling.
2	Counseling Skills: Meaning & Definition of acceptance, genuineness, respect, warmth, immediacy; Meaning, definitions and type of: Attending, observing, Encouraging, Paraphrasing, Summarizing, Reflecting, confronting, Focusing, disclosure, feedback, information/suggestion.
3	Assessment, Appraisal and Diagnosis : Interest, Aptitude and Personality Assessment -16 PF, TAT, Rorschach Ink, Big five scales, Behaviour problem check list, Meaning and Assessment Creativity, Assessment of Cognitive functions - WAIC, Weschler Adult-Performance Scale, (WAPIS), Bender Gestalt test, Stanford Binet-Intelligence test.
4	Counseling in Social Context: child counseling, Career counseling, counseling in schools, marital and family counseling, child abuse, Health Application of Counseling - Prevention of Suicide, Substance abuse, counseling for diabetic, cardiac, HIV/AIDS patients.

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Edward E. Jacobs, Robert L. Masson & Daley L. Harvill.(2001) Group Counselling: Strategies and Skills (4th Ed.) London : Wordsworth.
 Gladding, T.S. (2017). Counseling : A Comprehensive Profession,(7th Ed.) Pearson.
 Malchiodi, C.A. (Ed.) 2005. Expressive Therapies, Guilford Press New York.
 Cormier, S. & Hackney, H. (2013) Counselling strategies and interventions (8th International Edition), London, Pearson.
 Hoff, L.A. (2009). People in Crisis: Clinical and Diversity Perspective (6th End.) Routledge.
 Paper- AP/1-05 (Practicum (02 practical from each of the theory papers))

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BA: Applied Psychology
B.A.S Course: Second Semester

M.M: External-75
Internal- 25

C.Code: A540804T : Organisational Behaviour (Third Elective)

Unit	Course Content
1	Introduction: Historical developments in OB, the organizational system: structural characteristics of organizations; organizational designs; challenges and opportunities for organizational behavior
2	Leadership: Trait, behavior, contingency, and contemporary theories; leadership styles and skills, contemporary issues in leadership
3	Conflict and negotiation: Intra-individual, interpersonal, and inter-group conflicts; conflict process; Negotiation strategies and process.
4	Organizational culture: Nature and types; developing and maintaining organizational culture and customer responsive culture; promoting ethics in organizational culture.

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

George, J. M. & Jones, G. R. (2005). *Leadership and managing organizational behavior* (4th Ed.). Upper Saddle River, NJ: Prentice Hall.

Hellriegel, D., & Stown, J. W. (2004). *Organizational behavior*. South Western: Thomson

Luthans, F. (2005) *Organizational behavior* (4th Ed.). New York: McGraw Hill.

Riggio, R. E. (2003). *Introduction to industrial organizational psychology* (4th Ed.). Upper Saddle River, NJ: Prentice-Hall.

Robbins, S., Judge, T.A., & Sturmi, S. (2009). *Organizational behavior*. (13th Ed.). New Delhi: Pearson Education.

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Dr. Awdhesh Tripathi

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MA: Applied Psychology
CBS Course: Second Semester

M.M: External-75
Internal- 25

C.Code: A540805T : Psychodiagnostics (Third Elective)

Unit	Course Content
1	Psychodiagnostics: Nature and scope; Process and stages of diagnostic assessment: Differential diagnosis.
2	Clinical assessment: Definition and purpose; The art and science of interviewing. Interview and its types- intake, crisis, diagnostic, interview; mental status examination; case history; Behavioral assessment – Nature, objectives, and methods used.
3	Assessment of intelligence: The Stanford-Binet Scale of intelligence – 5th ed., WAIS-IV, WISC-V; Diagnostic utility of intelligence tests – scatter analysis and other techniques.
4	Personality assessment: Psychometric and projective tests; MMPI-2, Revised Neo Personality Inventory (NEO-PI-R), Rorschach, TAT, Sentence completion techniques.

S. No.	INTERNAL MARK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Goldenberg, H. (1983). Contemporary Clinical Psychology (2nd Ed.) New York: Brooks & Cole.
 Gale, H.A. & Barran, A. R. (2004). Stanford – Binet intelligence Scale (SB5) Assessment. John Wiley & Sons, Inc.
 Weiss, L.G., Saklofske, D.H., Holdnack, J. A. & Priitera, A. (2016). WISC V Assessment and Interpretation. Elsevier, USA
 Lichtenberger, E.O., & Kaufman, A.S. (2013). Essentials of WAIS IV Assessment (Second Edition). John Wiley & Sons.
 Prasad, D., & Verma, S.K. (1990). Handbook of Psychological Diagnosis of Brain Dysfunction. National Psychological corporation,
 Morrison, J. (2007). Diagnostic medicine. Guilford Press.

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MA: Applied Psychology
CBS Course: Second Semester

M.M: External-50
Internal- 50

C.Code: A540806P : Lab Work (Fourth Elective)

MA: Applied Psychology
CBS Course: Second Semester

M.M: External-50
Internal- 50

C.Code:A540807P : Industrial Training (Fourth Elective)

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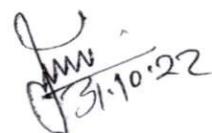
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B.A. Applied Psychology
B.S Course: Third Semester

M.M: External-75
Internal- 25

C.Code: A540901T : NGO Management (Core)

Unit	Course Content
1	NGO : meaning and needs of NGO, Voluntary movement in India-Historical perspective, Achievement , challenge & prospects
2	NGO/Society - Formation of Society, Society vs. Company, Societies registration act 1860, Society & Trust.
3	Establishing a Society: registration of Society, Memorandum of association, rules and regulations: memberships, matters of pertaining to meeting-notices, agenda, Governing body & management.
4	National & International Voluntary Organization : roles and their evaluation, Social, Economic, Disaster management, education, health & Social Justice

S. No.	INTER. A. WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

- Fowler, A.(2010).NGO management Routledge -UK
- Abraham,A. (2016). Formation & Management of NGO. Universal Law Pub, Delhi
- Lewis,D.(2002). NGO Management. Routledge -UK

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MA: Applied Psychology
Course: Third Semester

M.M: External-75
Internal- 25

C.Code: A540902T : Applied Psychological Assessment (Core)

Unit	Course Content
1	History of Psychological Testing, Development of Psychological Testing in Modern Age.
2	Scaling Method: Meaning of skill grade education, Skill types or frames of grade education, Psychological types of test, Cronbach's classification, Prevalent classification: On the basis of standardization, On the basis of medium, On the basis of performance.
3	Item measurement: Meaning of term, analysis objective of term analysis, Level of term assessment of a Reliability factors relationship between reliability and Validity. Test in standardization and normal meaning of standardization characteristic
4	Diagnostic testing and remedial testing : Mean of diagnostic testing, Measure objective of diagnostic testing, some diagnostic testing, General personality Scale, Diagnostic scale, factors and characteristics of P. Q. Diagnostic testing and reminder Pedagogy

S. No.	INTER-MARK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Aiken, L. R., & Groth-Marnet (2009). Psychological testing and assessment (12th Ed.) New Delhi: Pearson Education.

Gregory, R. J. (2011). Psychological testing: Principles, and applications (6th edition). New Delhi: Pearson Education.

Chadha, N. K. (2009). Applied psychometry. New Delhi: Sage.

Jackson, C. (2003). Understanding Psychology. Mumbai: Jaico Pub. House

Kaplan, R. M., & Saccuzzo, D. (2012). Psychological testing: Principles, applications and issues (8th ed.). New Delhi: Cengage.

Kline, T. J. B. (2005). Psychological Testing. New Delhi: Vistaar Publication

Matsumoto, D., & van de Vijver, R. J. (2011). Cultural research methods in psychology. Cambridge: Cambridge University Press.

Murphy, K.R. & Davidsofer, J. (2007). Psychological testing: Principles and applications (6th Ed.). NJ: Pearson Education.

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B.A: Applied Psychology
C.S Course: Third Semester

M.M: External-75
Internal- 25

C.Code: A540903T : Positive Psychology (Cont)

Unit	Course Content
1	Meaning, Features & Scope of Positive Psychology: Theoretical views on Positive Psychology- western and eastern views.
2	Subjective well-being, mental indicators, Positive effect, Life satisfaction & Happiness, determinants of happiness, Principles of happiness, Models of happiness.
3	Meeting Life challenges: life stress - meaning & consequences, individuals response to stressors, Coping - meaning & approaches, promoting healthy coping & Life skills. Positive Cognitive States - Optimism and hope, Self efficiency.
4	Culture & Behaviour - Meaning of culture, culture & life, characteristics of progressive culture. Culture adaptation, resilience in life, positive youth development, Tasks of adulthood, Ageing - meaning, signs, factors & successful ageing.

S. No.	INTERVAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:
 Carr A.(2004). Positive Psychology, Routledge.
 Compton W.C (2005), introduction to Positive Psychology, Wordsworth, Belmont
 Linlay P.A. & Joseph S.(2004). Positive Psychology in practice, Oxford, N.Y.
 Snyder, C.R. & Lopez S.J. (2001). Handbook of Positive Psychology, Oxford Univ. Press

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BA: Applied Psychology
C.S Course: Third Semester

M.M: External-75
 Internal- 25

C.Code: A540904T : Applied Psychology in Human Life (Fifth Elective)

Unit	Course Content
1	Self-awareness at work: Human relations and self, self-esteem and self-confidence. Self-motivation and goal setting.
2	Interpersonal skills: Dealing effectively with people, Emotional intelligence, attitudes and happiness; Values and ethics. Problem solving and creativity.
3	Communication Skills: Communication in the Workplace; Specialized Tactics for Getting Along with Others in the Workplace
4	Leadership Skills: Managing Conflict; Becoming an Effective Leader; Motivating Others and Developing Teamwork; Diversity and Cross-Cultural Competence

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

- Dubrien, A. J. (2017). Human relations for career and personal success: Concepts, applications, and skills (11th Ed.). Upper Saddle River, NJ: Pearson Education, Inc.
- Hodgetts, R. M. & Hegar, K. (2010). Managing human relations at work (10th Ed.). Mason, OH: Thomson: South Western.
- Lussier, R. N. (2018). Human relations in organizations: Applications and skill building. New Delhi: McGraw Hill.

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IA: Applied Psychology
C.S Course: Third Semester

M.M: External-75
 Internal- 25

C.Code: A540905T : Applied Social Psychology (Fifth Elective)

Unit	Course Content
1	Introduction to applied social psychology: Definition, relationship with basic social psychology, historical developments and major concerns.
2	Social psychology and health: Health belief model, health compromising behaviors; health promotion, compliance response and dual process models of persuasive change; stress and health.
3	Social psychology and environment: Human interaction with environment, environmental hazards and change; environmental attitudes, risk perceptions, encouraging pro-environmental behavior.
4	Aggression and violence: Conceptual issues and theoretical explanations; determinants; interpersonal and intergroup forms of aggression, dynamics of violence, strategies for reducing aggression and violence.

S. No.	INTER-MEDIA WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Baron, R. A., Branscombe, N. R., & Byrne, B. (2009). *Social psychology* (12th ed.). New York: Pearson Education.
 Myers, D.G. (2012). *Social psychology* (11th ed.). New York: McGraw Hill.
 Semin, G., & Fredler, K. (1998). *Applied social psychology*. London: Sage.
 Taylor, S.E., Peplau, L.A., & Ross, D.G. (2011). *Social psychology* (12th ed.). New Jersey: Pearson Education.

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IA: Applied Psychology
S Course: Third Semester

M.M: External-50
Internal- 50

C.Code: A540906P : Practicum (Sixth Elective)

IA: Applied Psychology
S Course: Third Semester

M.M: External-50
Internal- 50

C.Code: A540907P : Project Presentation (Sixth Elective)

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IA: Applied Psychology
C.S Course: Fourth Semester

M.M: External-75
 Internal- 25

C.Code: A541001T : Health Psychology (Core)

Unit	Course Content
1	Health Psychology: meaning, public Health Psychology, community health, Models of Health-behavior relationship. Health Behavior, health, Models of Health-behavior relationship. Health-behavior relationship. Health-behavior relationship. Health-behavior relationship.
2	Eating & Obesity: Diet & health drinking Meaning: effects, the Psychosocial & cultural aspects of food and eating, Alcohol & drinking & alcohol dependence, Prevention & treatment.
3	Tobacco & Smoking: Historical smoking, theories, determinants, cessation. Chronic Diseases background, Health effects of smoking, social & economic context of biological factors, psychological factors, social factors, smoking
4	Stress & Coping: Psychological treatment, adherence & patient approach, self-management of problems. Dimensions of Health Promotion: Immunization and screening, empowerment, Health promotion approaches- Nudging behavior change approach, community development approach. Management of Health

S. No.	INTERVIEW WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Baum A.(2001). Handbook of Health Psychology, Lawrence Erlbaum
 Chesney M.A. & Antony M.F. (2002). Innovative approaches to Health Psychology, APA
 Dimatteo M.R. & Martin L.R. (2002). Health Psychology. Allyn Bacon, Boston
 MARKS D.(2008). Health Psychology: Theoretical Research & Practice, Sage

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MA: Applied Psychology
C.S Course: Fourth Semester

M.M: External-75
 Internal- 25

C.Code: A541002T : Sports Psychology (Core)

Unit	Course Content
1	Sports : Meaning, Importance & Scope of Educational & Sports Psychology.
2	Growth & Development : General characteristics of various stages of growth & development.
3	Personality & Learning: Meaning & Definition, Theories of learning, Law of learning, Plateau in learning & transfer of learning
4	Mental Perception, States, Attention, Focus, Self Talk, Aggression & Sports, relaxation

S. No.	INTERVAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Horn T.S. (Ed.) (2002). Advanced Sports Psychology. Human Kinetics Pub, U.S.A.
 Weinberg R.S. & Gould D. (2001). Foundations of sport & exercise Psychology, Human Kinetics Pub, U.S.A.

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MA: Applied Psychology
Course: Fourth Semester

M.M: External-75
 Internal- 25

C.Code: A541003T : Educational Psychology (Seventh Elective)

Unit	Course Content
1	Introduction brief history of psychology modern psychology current status of Psychology in India Psychology branches of psychology (different branch of psychology) methods of psychology
2	Educational psychology definition of educational psychology nature and Specificity Importance of educational Psychology. Relation between education and Psychology objective of educational psychology role of education in psychology
3	Methods of educational psychology. Introspection method of educational psychology psychoanalytic method in education remedy method Kum part native method statical method interview method questionnaire method testing method
4	Learning : Meaning of learning characteristic of learning type of learning process of learning learning technique components of effective learning love learning than dikes secondary law of learning for Love's principle of learning Lamer Lacher understanding or Inside Principles of learning .

S. No.	INTER AL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Psychological Foundation Of Education By S. i Sri Nilas Bhattacharya
 Advance Educational Psychology By S.K. Mangal
 Educational Psychology By E. Shien (4th Edition)
 Shiksha Aur Manovigyan By Vibha Tripathi
 Shiksha Manovigyan By Dr. Vibha Tripathi

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MA: Applied Psychology
CBCS Course: Fourth Semester

M.M: External-75
Internal- 25

C.Code: A541004T : Human Resource Management (Seventh Elective)

Unit	Course Content
1	Concepts & Functions, people organizational relationships, psychological contract individual expectations & organizational expectations.
2	Dimensions of HR Management – Job analysis & selection, Talent acquisition & talent management, leadership development, organizational effectiveness.
3	Training & Development – Socialization of employees, training needs & methods of training, process and evaluation, Performance appraisal, Performance appraisal system, process and methods.
4	Emerging Challenges : Globalization, Strategic Partner, Technological advancement, Career & Growth, Empowering employees, Attrition, Workforce diversity, Conflict in business, Work-family Balance, Job flexibility.

S. No.	INTERNAL WORK	
1	Attendance	05
2	Presentation	10
3	Written Test	10

Book Recommended:

Beardwell, I & Holden, L.(1996), Human Resource Management, Mc Millan, Delhi
Bhatia, S.K. & Singh, N (2000). Principal technique of personnel management/ Human Resource Management, Dap & Deep Publication, Delhi
Dessler G (2009), Resource Management, Pal Grave
Janakiraman (2006), Total Quality Management, Text & Caqses. PHI
Luthans, F (2010), Organisational Behaviour, Mc Graw Hill

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MA: Applied Psychology
CBCS Course: Fourth Semester

M.M: External-50
Internal- 50

C.Code: A541005P : Dissertation

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