

## B.A. II

### Paper 1: PSYCHOPATHOLOGY

#### UNIT I

- **Introduction to Psychopathology:** The concept of normality and abnormality; Classification of mental disorders (ICD X and DSM IV).
- **Mental Illness:** Signs and symptoms. Causes of abnormal behaviour: Biological, psychological, social and cultural.
- **Psychological Models of Psychopathology:** Biological, psychodynamic, behavioural, cognitive-behavioural, humanistic, existential, socio-cultural.

#### UNIT II

- **Stress:** Nature, sources and types; Post-Traumatic & Acute stress disorders. Coping with stress.
- **Psychosomatic Disorders:** Symptoms, causes and treatment.

#### UNIT III

- **Anxiety Disorders:** Panic disorder, Phobia, Obsessive Compulsive Disorder, their symptoms, types, etiology and treatment.
- **Somatoform Disorders:** Dissociative disorders.

#### UNIT IV

- **Psychotic Disorders:** Symptoms, types, etiology and treatments.  
a) Schizophrenia      b) Delusional disorders
- **Mood (Affective Disorders):** Manic episode, Depressive episode, Bipolar Affective disorders, Dysthymia.
- **Personality Disorders:** (a) Dissociative, (b) Impulsive, (c) Anti-Social, (d) dependent Personalities.

#### BOOKS RECOMMENDED:

- Buss, A.H. (1999). Psychopathology. New York: John Wiley.
- Carson, R.C.; Butcher, J.N. & Mineka, S. (2010). Abnormal Psychology and Modern Life. Person Education, Inc. and Dorling Kindersley Publications Inc.
- Sraon, G.I. and Sarason, R.V. (2007). Abnormal Psychology: The Problem of Maladaptive Behaviours (11<sup>th</sup> Edition). Person Education, Inc. and Dorling Kindersley Publications Inc.
- Singh, A.K. Adhunik Asamanya Manovigyan, Patna: Motilal Banarsidas.
- Singh, R.N. (2009). Adhunik Asamanya Manovigyan, Agra: Agrawal Publications.

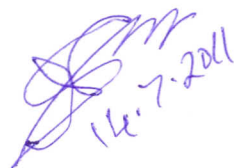
### Paper 2: SOCIAL PSYCHOLOGY

#### UNIT I

- **Introduction:** Nature and Scope, Methods of studying social behaviour: Observation, experimental, field study, survey, sociometry.
- **Socialisation:** Agents and mechanism, socialisation and deviation.
- **Perceiving Others:** Forming impressions; Role of non-verbal cues, group stereotypes, central traits; primary and recency effects.

#### UNIT II

- **Perceiving Groups:** Prejudice and Conflicts: Sources, dynamics and remedial techniques.

  
14.7.2011

- **Interpersonal Attraction:** Nature, measurement and antecedent conditions of interpersonal attraction.
- **Attitudes:** Nature, Formation and change of attitudes. Techniques of measurement of attitudes – Thurstone, Likert's and Semantic differential Scale.

#### UNIT III

- **Group Dynamics and Influence:** Structure, function and types of the groups. Social facilitation. Group cohesiveness, norms and decision making. Conformity, obedience and social modelling.
- **Leadership:** Definitions and functions; Trait, situational, interactional, behavioural and contingency approaches to leadership effectiveness.

#### UNIT IV

- **Communication:** Verbal and non-verbal strategies. Language and social interaction. Barriers to communication.
- **Aggression:** Determinants: Personal and social; Theoretical perspectives: Biological, trait, situational and social learning; Control of aggression.
- **Altruism:** Determinants: Personal, Situational and socio-cultural determinants; Bystander Effect; Theoretical Perspectives: Exchange and Normative.

#### BOOKS RECOMMENDED:

- Baron, R.A. Byrne, D. (2002). Social Psychology. New Delhi: Prentice Hall.
- Feldman R.S. (1985). Social Psychology: Theories, Research and Application. New York: McGraw Hill.
- Myers, David, G (1994). Exploring Social Psychology. New York: McGraw Hill.
- Singh, A.K. (1996). Adhunik Samajik Manovigyan Ki Rooprekha (3<sup>rd</sup> Edition), Varanasi: Motilal Banarsidas.
- Singh, R.N. (2009). Adhunik Samajik Manovigyan, Agra: Agrawal Publications.
- Tirpathi, L.B. (1992). Adhunik Samajik Manovigyan, Agra: National Psychological Corporation.

#### Paper 3: PRACTICAL

Any six tests of the following should be performed:

- Anxiety.
- Mental Health.
- EPI (Eysenck Personality Inventory)
- Stress Scale.
- Altruism Scale.
- Test of aggressive Reactions to Frustration.
- Leadership style Scale.
- Social Facilitation/Conformity.
- Attitude Scale.

  
14.7.2017