



फोन नं. 05278 245957
फैक्स नं. 05278 248123

डॉ. राममनोहर लोहिया अवध विश्वविद्यालय, अयोध्या (उ.प्र.)

पत्रांक : लो.अ.वि./डी.एस.डब्ल्यू./2019 - 946

दिनांक: 27.06.2019

सेवा में,

समस्त संकायाध्यक्ष/विभागाध्यक्ष/निदेशक/समन्वयक,
आवासीय परिसर।

विषय:- प्रजापति ब्रम्हकुमारी ईश्वरीय विश्वविद्यालय, माण्डट आबू, राजस्थान द्वारा आयोजित
Youth Festival & Meditation Retreat Program के सम्बन्ध में।
महोदय,

उपरोक्त विषयक के सम्बन्ध में अगवत कराना है कि राजयोग एजुकेशन एवं रिसर्च फाउण्डेशन (आरईआरएफ) और प्रजापति ब्रम्हकुमारी ईश्वरीय विश्वविद्यालय, ज्ञान सरोवर माण्डट आबू, राजस्थान द्वारा दिनांक 30 अगस्त से 03 सितम्बर 2019 को **Youth Festival & Meditation Retreat Program, Brahma Kumaris Acedamy for a Better World, Gyan Sarovar, Mount Abu (Raj)** में आयोजित किया जा रहा है। जिसमें विभिन्न कार्यक्रमों/प्रतियोगिताओं में प्रतिभाग करने हेतु विश्वविद्यालय से अधिकतम् 20 छात्र-छात्राओं को आमंत्रित किया गया है। कार्यक्रम सूची एवं नियमावली संलग्न है।

अतः आपसे अनुरोध है कि अपने विभाग के समस्त छात्र-छात्राओं को सूचित करते संलग्न प्रतियोगिता सूची के अनुसार इच्छुक अभ्यर्थियों का प्रतियोगिता सहित नाम अंकित करते हुए अपने स्तर से सूची अधिष्ठाता छात्र कल्याण कार्यालय को दिनांक 09.07.2019 तक उपलब्ध कराने का कष्ट करें।

भवदीय,

(प्रो० आशुतोष सिन्हा)
अधिष्ठाता छात्र कल्याण

संलग्नक- कार्यक्रम सूची एवं नियमावली।

Competitions

01. Group Dance

Time: 5 min.

Song: Theme based Pre-recorded songs

Max. 8 part: Language: Hindi/English

Theme: Success is Our Birthright

(सफलता हमारा जन्मसिद्ध अधिकार है)

Let's make heaven on earth

(आओ, दुनिया को स्वर्ग बनाएं)

02. Skit

Time: 10 min Max. 3 - 5 participants

Language: Hindi/English

Theme: Youth – A Peace Messenger

(शांतिदूत युवा)

Challenges of Self-change

(स्वपरिवर्तन के लिए चुनौतियाँ)

Vulgarity or bitter insinuations in presentation should be avoided. Only innocent satire/humour is expected.

03. Digital (Multi-media) Presentation:

Time: 07 min Language: Hindi/English

Theme: Youth's Contribution for Science & Spirituality

(विज्ञान एवं आद्यात्म में युवा का योगदान)

Portray of Ideal World

(आदर्श विश्व का कल्पनाचित्र)

Young blood for young India

(नए भारत के लिए नवयुवा)

04. Solo Song:

Time: 5 min

Language: Hindi/English

Back stage artists: 2

Theme: Youth – The Golden period

(युवा काल - स्वर्णिम काल)

An Art of Happy & Peaceful Living

(आनंदमय - शांतिमय जीवन जीने की कला)

05. Elocution:

Time: 05 min Language: Hindi/English

Theme: Spiritually Empowered Youth

– Call of Time

(समय की पुकार - आद्यात्मिक शक्ति संपन्न युवा)

Youth – Light House of the World

(युवा - विश्व के लिए प्रकाशस्तम्भ)

06. Poster Making:

Time: 02-30 hours

Paper size: 22 inches X 15 inches

Theme: Ancient Indian Culture

To Nurture Nature

(भारत की प्राचीन संस्कृति, लाएगी पर्यावरण जागृति)

Live Life Happy & Healthy

(खुशनुमा एवं स्वस्थ जीवन जीएं)

NB: Papers will be provided.

Painting materials (brushes, colors etc.)

to be brought by participants.

youthwing@bkivv.org | www.bkyouth.org

Rules & Regulations

- Youth aged between 18 years above and below 25 years as on 30.08.2019 and who are pursuing Diploma/Graduate/Post Graduate degree from any University can participate in this youth festival cum retreat.
- Applications for the competitions should be routed through a University only duly stamped and signed by the concerned authority. The entries will be accepted on first-cum-first basis.
- One competitor can participate in one competition only & one university can participate in 4 events only.
- All the items presented by the competitors will be the property of the organisers and they will be free to use it in their own way.
- Any item such as speech, poem etc. should be self-authored.
- Contingent incharges are requested to bring their flags.
- Participants are bound to accept the judgement given by the Judges.
- The best selected 3 competitors will be awarded prizes. Certificates will be given to all the participants.
- All the participants of the Festival are requested to follow the rules & regulations stipulated by the organisers.
- The Chief Organiser may reschedule the pre-announced program on account of any sudden development.
- The participant has to bear his/her travelling expenses. We do not object if University bears travelling cost of participants. Lodging & Boarding will be provided by the organisers.
- Ours is a spiritual institution and therefore tobacco chewing, smoking, drinking or taking drugs is strictly prohibited in the campus.
- It is expected that all participants will maintain the dignity and decorum of the Festival at all times. Dresses need to be completely disciplined.

Program Schedule

30.08.2019 Friday

10.00 AM - 05.30 PM Registration
05.30 PM - 06.30 PM Welcome Session
06.30 PM - 08.30 PM Inauguration

31.08.2019 Saturday

06.30 AM - 08.00 AM Discover the spirit within
09.00 AM - 10.00 PM Login to happiness
10.30 AM - 01.30 PM Competitions
02.30 PM - 05.30 PM Competitions
06.30 PM - 07.30 PM Creative meditation
08.00 PM - 10.00 PM Competition

01.09.2019 Sunday

06.30 AM - 08.00 AM Connecting with the source
09.30 AM - 11.00 AM Design your destiny
11.00 AM - 11.30 AM Energisers and group distribution
11.30 AM - 01.00 PM Victory now (small group discussion)
03.30 PM - 05.30 PM Happiness cafe in Dadi Janki park
06.00 PM - 07.30 PM Creative meditation
08.30 PM - 09.30 PM History of the Institution
09.30 PM - 09.50 PM Journelling

02.09.2019 Monday

06.30 AM - 08.00 AM Experiencing meditation
09.30 AM - 10.30 AM Feeling good Visualisation
10.30 AM - 12.00 PM Prize distribution & Valedictory
12.30 PM - 07.30 PM Sight Seeing
08.30 PM - 10.00 PM Cultural Evening

03.09.19 Tuesday

06.30 AM - 08.00 AM Spiritual power and Positive lifestyle
08.00 AM Goodbye for new beginning

General Daily Routine:

05.30 AM	: Wake-up
08.00 AM to 09.00 AM	: Breakfast
01.00 PM to 02.00 PM	: Lunch
08.00 PM to 09.00 PM	: Dinner