



Prof. Manoj Dixit, Vice-Chancellor Dr. R.L. Avadh University, Ayodhya (U.P) is well known personality in City Ayodhya for his excellence in all fields, specially in sports University had achieved its heights of success. This SGFA -2019 is also his visionary creation.



**About University**  
The University at present is educating about 6 lakhs regular/private students through its residential wing and more than 600 affiliated colleges (spread over in the 8 adjacent districts), 13 nursing colleges, 05 medical colleges, 04 dental colleges. The present Vice-chancellor, Prof. Manoj Dixit is not leaving any stone unturned to infuse a new life in the institution and make the same outstanding for human excellence.



## SUMMER GAMES FEST AYODHYA 2019

From 13 May to 16 May

**About SGFA**  
State Level Summer Games Fest Ayodhya-2019. SGFA-19 is a sports platform which is created to make a direct affinity between University and its affiliated colleges to perform at State Level. It is a visionary initiative taken by our Vice-Chancellor, Prof. Manoj Dixit to enhance sports culture in the University and its affiliating colleges.

### DETAILS ABOUT GAME & REGISTRATION

CATEGORY	REGISTRATION FEE In ( Rs.)	PRIZE ( Rs.)	
		Winner	Runner
MEN	2000 per Team	5000	3000
WOMEN	2000 per Team	5000	3000

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		Winner	Runner
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CATEGORY	REGISTRATION FEE	PRIZE ( Rs.)	
		Winner	Runner
MEN	500 per Player	1500	1000
WOMEN	500 per Player	1500	1000

CATEGORY	REGISTRATION FEE	PRIZE ( Rs.)	
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MEN	500 per Player	1500	1000
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For more details, Contact:-

Dr. Santosh Gaur 9454714181 Sports Secretary	Dr. Mukesh Kr. Verma 9452018827 Deputy Sports Secretary
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**SGFA-2019 RULEBOOK**  
**GENERAL RULES (APPLICABLE - ALL EVENTS)**

Registration: Every team/participant must register in prior - the last date of registration. The registration starts from the 25 April 2019 in the office of the Sports Council. Last date of registration is 10<sup>th</sup> May 2019 and the payment of registration fee must be complete with the registration itself.

**ACCOMMODATION:**

Accommodation shall be provided only from 12 may 2019 - 16 may 2019. For more details, kindly contact any member of the Organizing Committee with the information on the last page of the invitation.

Accommodation Charges: INR 100 per person per day in the University hostels (If Available)

**Sports Gear:** Participants must carry their own sports gears. Such as Jerseys, Shoes, Towel etc. Only equipment such as balls, shuttlecocks, etc. will be provided by the organizers.

**ID Card:** Each member of a contingent.( playing and non-playing) must carry 2 copies of passport size photos of his or her, college ID, Aadhar Card and copy of 10th mark sheet for verification with University/ College Flag. These will be needed for making temporary ID cards.

**Age Limit:** Participants' age shouldn't be above 35 years on date 10<sup>th</sup> may 2019.

**Misconduct & Indiscipline:** Instances of misconduct & indiscipline will be dealt strongly. Such incidences will make a participant and if need be an entire Contingent liable to be disqualified from certain or several or all the events. The decision of the organizing committee will be final and binding in the regards. Substance abuse in any form is strictly prohibited inside the CAMPUS of RMLAU. The venue for all events will be University Campus. Any violation of this rule can make an entire contingent liable for disqualification from all the events.

## VOLLEYBALL (MEN & WOMEN)

1. The Tournament will be based on International Volleyball Federation rules, unless otherwise modified.
2. Each team of men and women must consist of 12 players and not more than 12 certificates shall be awarded to the team.
3. In the first rounds of the Tournament, every match consists of 3 sets, 25 points each. Best of two sets will be the winner of the match.
4. Semi-finals and Finals will be of 5 sets, 25 points each. Best of five sets will be the winner of the match.
5. Every team must report twenty minutes before the commencement of their game.
6. Depending upon number of entries, first match may be knockout.
7. Overall the final decision will be of the Referee.

### Entry fees:

Rs. 2,000 per Team for Men

Rs. 2,000 per Team for Women

### Prize Money:

#### For Men:

Winner: Rs. 5,000

Runner up: Rs. 3,000

#### For Women:

Winner: Rs. 5,000

Runner up: Rs. 3,000

## BASKETBALL (MEN & WOMEN)

1. The Tournament will be conducted according the International Basketball Federation Rules, unless otherwise modified.
2. Each team of men and women must consist of 12 players & and not more than 12 certificates shall be awarded to the team.
3. During matches if the score is same after the end of the scheduled time, Basket- ball Federation Rules will be applied, i.e. the game shall continue with as many extra periods of 5 minutes as is necessary - break the tie.
4. If a team is not reporting within 15 minutes after the scheduled starting time of the game or if the team refuses to play the match, then the match is awarded to the opponent team.
5. Each team shall report at the match venue 30 minutes prior to the scheduled start of their match.
6. Depending upon number of entries, first match may be knockout.
7. Overall the final decision will be of the referee.

### Entry fees:

Rs. 2,000 per Team for Men

Rs. 2,000 per Team for Women

### Prize Money:

#### For Men:

Winner: Rs. 5,000

Runner up: Rs. 3,000

#### For Women:

Winner: Rs. 5,000

Runner up: Rs. 3,000

## **KABADDI (MEN & WOMEN)**

1. The Tournament would be conducted according to the International kabaddi federation rules, unless otherwise modified.
2. Each team shall consist of minimum of 12 and 7 Players shall take the ground at a time and the remaining players are substitutes.
3. The team, which scores the highest number of points at the end of the match, shall be declared the winner and will precede to next round.
4. Each team shall report at the match venue 20 minutes prior to the scheduled start of their match.
5. If player/players are suspended temporarily or disqualified from the match, then the team will play with less number of players. Such players shall be counted to award Bonus point.
6. Each Team shall be allowed to take Two. "Time Outs" of 30 Seconds each in each half; such time out shall be called for by the Captain, Coach or any playing member of the team with the permission of referee. The time out time shall be added to match time.
7. During the time out the teams shall not leave the ground; any violation in this; a technical point shall be awarded to the opponent team.
8. Depending upon number of entries, first match may be knockout.
9. Overall the final decision will be of the referee.

### **Entry fees:**

Rs. 2,000 per Team for Men

Rs. 2,000 per Team for Women

### **Prize Money:**

#### **For Men:**

Winner: Rs. 5,000

Runner up: Rs. 3,000

#### **For Women:**

Winner: Rs. 5,000

Runner up: Rs. 3,000

## **HANDBALL (MEN & WOMEN)**

1. The Tournament would be conducted according to the Handball federation of India rules, unless otherwise modified.
2. Each team shall consist of maximum of 16 and 7 Players shall take the ground at the time and the remaining players are substitutes.
3. An innings will be of 20 minutes for Men and 15 minutes for Women duration. Each match will consist of two innings.
4. Depending upon number of entries, first match may be knockout.
5. Overall the final decision will be of the reference.

### **Entry fees:**

Rs. 2,000 per Team for Men

Rs. 2,000 per Team for Women

### **Prize Money:**

#### **For Men:**

Winner: Rs. 5,000

Runner up: Rs. 3,000

#### **For Women:**

Winner: Rs. 5,000

Runner up: Rs. 3,000

### **TUG OF WAR (MEN & WOMEN)**

1. This tournament will be conducted based on Tug of War Federation of India (TWFI) rules, unless otherwise modified.
2. Each team can accommodate a maximum of 8 members and weight of team must be less than 560 Kg in men Category & 480 Kg in women category respectively.
3. Depending upon number of entries, first match may be knockout.
4. Overall the final decision will be of the reference.

#### **Entry fees:**

Rs. 2,000 per Person for Men

Rs. 2,000 per Person for Women

#### **Prize Money:**

##### **For Men:**

Winner: Rs. 5,000

Runner up: Rs. 3,000

##### **For Women:**

Winner: Rs. 5,000

Runner up: Rs. 3,000

### **TABLE TENNIS (MEN & WOMEN)**

1. The Tournament will be conducted based on International Table Tennis Federation rules, unless otherwise modified.
2. Every college of men and women must consist of maximum two players.
3. Every match consists of one game i.e. singles.
4. Every game consists of 3 sets comprising 11 points each. Best of 2 sets will be the winner of the game.
5. Depending upon number of entries, first match may be knockout.
6. Overall the final decision will be of the referee.

#### **Entry fees:**

Rs. 5,00 per Person for Men

Rs. 5,00 per Person for Women

#### **Prize Money:**

##### **For Men:**

Winner: Rs. 1,5,00

Runner up: Rs. 1,000

##### **For Women:**

Winner: Rs. 1,5,00

Runner up: Rs. 1,000

## CHESS (MEN & WOMEN)

1. Chess competition will be played in accordance with the “FIDE Laws of Chess”.
2. It is a single event and maximum 2 players can participate from one College/Institute.
3. Depending upon number of entries, first round may be knockout.

### Entry fees:

Rs. 5,00 per Person for Men

Rs. 5,00 per Person for Women

### Prize Money:

#### For Men:

Winner: Rs. 1,500

Runner up: Rs. 1,000

#### For Women:

Winner: Rs. 1,500

Runner up: Rs. 1,000

## BADMINTON (MEN & WOMEN)

1. The competition shall be conducted under the International Badminton Federation rules unless otherwise modified.
2. Each team of men and women must consist of maximum 2 players.
3. Depending upon number of entries, first match may be knockout.
4. Every match consists of one game i.e. singles.
5. Every game consists of 3 sets comprising 21 points each. Best of 2 sets will be the winner of the game.
6. Winner of the game will proceed to the next round.
7. Overall the final decision will be of the referee.

### Entry fees:

Rs. 5,00 per Person for Men

Rs. 5,00 per Person for Women

### Prize Money:

#### For Men:

Winner: Rs. 1,500

Runner up: Rs. 1,000

#### For Women:

Winner: Rs. 1,500

Runner up: Rs. 1,000

### TAEKWONDO (MEN & WOMEN)

1. Taekwondo competition will be played in accordance with the “World Taekwondo Federation” rule.
2. It is a single event and maximum 2 players can participate from one College/ institute in each category.
3. Depending upon number of entries, first round may be knockout.

S.NO.	DIVISION/BELT	MEN Wgt Category	WOMEN Wgt Category
1.	SUPER FIN	Over 45 Kg - 50 Kg	Over 38 Kg - 43 Kg
2.	FIN	Over 50 Kg - 54 Kg	Over 43Kg - 46 Kg
3.	FLY	Over 54 Kg - 58 Kg	Over 46 Kg - 49 Kg
4.	BANTAM	Over 58 Kg - 63 Kg	Over 49 Kg - 53 Kg
5.	FEATHER	Over 63 Kg - 68 Kg	Over 53 Kg - 57 Kg
6.	LIGHT	Over 68 Kg - 73 Kg	Over 57 Kg - 62 Kg
7.	WELTER	Over 73 Kg - 78 Kg	Over 62 Kg - 67 Kg
8.	MIDDLE	Over 78 Kg - 83 Kg	Over 67 Kg - 72 Kg
9.	HEAVY	Over 83 Kg - 88 Kg	Over 72Kg - 77 Kg
10.	SUPER HEAVY	Over 88 Kg - 93Kg	Over 77 Kg - 82 Kg

#### Entry fees:

Rs. 5,00 per Person for Men

Rs. 5,00 per Person for Women

#### Prize Money:

##### For Men:

Winner: Rs. 1,500

Runner up: Rs. 1,000

##### For Women:

Winner: Rs. 1,500

Runner up: Rs. 1,000

## YOGA (MEN &WOMEN)

1. Yoga competition will be played in accordance with the “Yoga Federation of India”.
2. It is a single event, depending upon number of entries; first round may be knockout.
3. Asanas (compulsory) 1-Paschimottanasana, 2- Savangasana, 3- Purna Dhanurasana, 4- Karma Pidasana, 5-Chakrasana, 6- Surya Namaskar ( in twelve counts).
4. Asanas (Optional) Select any Four 1- Mayurasana , 2-Purna Salabhasana, 3- Setubandh Sarvangasana,
5. 4- Vatayanasana, 5-Vrischikasana , 6- Hanumamasana, 7- Natrajasana.
6. One minute for each compulsory asanas (except Surya Namaskar)
7. Compulsory asana will be performed in the given sequence. After Compulsory asana qualifying players will perform optional asanas in second round.

### Marks:-

Compulsory Asanas : 60 Marks

Optional Asanas : 40 Marks.

### Entry fees:

Rs. 5,00 per Person for Men

Rs. 5,00 per Person for Women

### Prize Money:

#### For Men:

Winner: Rs. 1,500

Runner up: Rs. 1,000

#### For Women:

Winner: Rs. 1,500

Runner up: Rs. 1,000

### For more details contact us:-

**Dr. Santosh Kumar Gaur**  
Sports Secretary  
Dr.R.L.A.U. Ayodhya  
Mobile- 9454714181

**Dr Mukesh Kumar Verma**  
Dy. Sports Secretary  
Dr.R.L.A.U. Ayodhya  
Mobile-9452018827

**Mr. Shiv Kumar Singh**  
Mobile-8896235042

Sports in Men & Women Category	Name of Game In-Charge (Men & Women )	Contact No. of Game In-charge
1. Volleyball	Dr.Anil Kuma Mishra	9450750037
2. Handball & Table Tennis	Dr. Kapil Kr.Rana	9125746081
3. Basketball & Yoga	Dr. Arjun Singh	9415917713
4. Chess	Dr. Brijesh Kr.Yadav	9450765030
5. Kabaddi & Tug-of-war	Dr.Triloki Yadav	9450427509
6. Taekwondo & Badminton	Dr.Anurag Pandey	9451704648





# Uttar Pradesh Olympic Association

(Affiliated to India Olympic Association)  
Office : K.D. Singh Babu Stadium, Lucknow (U.P.)

*President*

**Viraj Sagar Das**  
8, Vikramaditya Marg  
Lucknow- 226001

*Hony. Treasurer*

**Manish Kacker**  
524/ Kacker Park Chaupatiyan  
Lucknow- 226003  
Mob : 07388008020  
E-mail : kacker.manish@gmail.com

*Gen. Secretary*

**Anandeshwar Panday**  
Resi:C1/8, Nirala Nagar, Lucknow  
Mob : 9415022230, 9839065211  
E-mail : upoa2014@gmail.com

Date: 29/04/2019

To,  
Dr. Mukesh Kumar verma  
Dy. Sports Secretary,  
Sports Council  
Dr. Rammanohar Lohia Awadh University, Ayodhya.

**Sub: Permission to organize state level sports festival at University from 13<sup>th</sup> to 16<sup>th</sup> May 2019**


Respected Sir,

With the reference of the letter dated 29/04/2019 from Dr. Rammanohar Lohia Awadh University, U.P. Olympic Association Permission granted to organize a State Level Sports Festival for (Men & Women) at your University campus on 13<sup>th</sup> to 16<sup>th</sup> May 2019.

The UPOA will send Mr Anand Kishore Pandey as an Observer for the state level sports festival organizes by your university.

For kind your Information

Thanks

  
**Anandeshwar Panday**  
Secretary General  
U.P. Olympic Association